



# Curbside News

Newsletter for Bend Garbage & Recycling

[www.bendgarbage.com](http://www.bendgarbage.com)

Summer 2019

## Reduce Your Wasted Food

Did you know 40% of food in America is wasted? A 4-person family could lose as much as \$1,500 a year in wasted food costs. Check out [savethefood.com](http://savethefood.com) for tips on how you can reduce your wasted food that can add up to savings in your wallet. You'll find tips for easy meal planning, the art of freezing, extending the life of your food, recipes, and more.

The Environmental Center's Rethink Waste project has additional resources and ideas on how to reduce your waste food, like implementing an Eat First basket in your refrigerator. The basket will serve as a visual reminder on what to eat first in your fridge before it goes bad. For more ideas, visit [rethinkwasteproject.org](http://rethinkwasteproject.org).



## Where to Take Household Hazardous Waste

Household hazardous waste cannot go in your trash cart and needs to be taken to the HHW facility located at Knott Landfill in Bend. For more information on what materials are accepted and hours of operations, contact 541-317-3163 or visit [deschutes.org/sw](http://deschutes.org/sw).

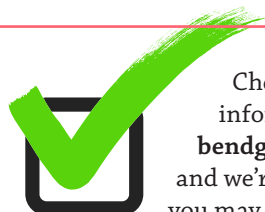
## Free Repair Cafe

The Environmental Center is hosting a summer Repair Cafe at DIY Cave. Repair Cafes connect people with broken stuff, with people that like to fix stuff. Repairing instead of replacing prevents waste and saves resources.

When: Wednesday, July 17, 2019 from 5:30pm – 7:30pm at DIY Cave located at 444 SE 9th in Bend.

Volunteers will be on hand to attempt to repair your broken items for Free. Items to bring include clothes, outdoor gear, electronics and small appliances, jewelry, small furniture, shoes, bikes, and more. You may bring multiple items, but only 1 item will be repaired at a time.

For more information about Repair Cafes and other ways to reduce your waste, visit [rethinkwasteproject.org](http://rethinkwasteproject.org) or call 541-385-6908.



Check out our website for all the information regarding our services at [bendgarbage.com](http://bendgarbage.com), or contact our office and we're happy to answer any questions you may have at 541-382-2263.

## Give Your Garden a Boost

Now is the perfect time to pick up your compost for all your gardening needs. We also offer Premium Ground Cover and Ready Grow Soil. Our knowledgeable staff can advise you on the best choices for your needs.

Our compost carries the US Composting Council Seal of Testing Assurance to ensure quality and reliability. We also rent compost spreaders for easy application. We offer delivery or self-haul. Call today at 541-388-1910.



## Recycle Right

You can make a difference! Learn to avoid common mistakes, determine what's recyclable and what's not, and use best practices for keeping your recycling clean and simple.

🔄 **Know What to Throw** — make sure you're putting the right materials in your blue recycling cart. Download a recycling guide at [bendgarbage.com](http://bendgarbage.com) or call to have one mailed at 541-382-2263.

🔄 **Empty and Rinse Clean** — keep all recyclables free of food and liquid.

🔄 **Don't Bag It** — never put your recyclables in plastic bags. Items should be placed loose in your blue recycling cart.

Avoid these items that do not go in your blue recycling cart. Styrofoam, plastic bags and film, plastic clamshells (produce and bakery plastic containers), to-go cups, and frozen food boxes.

Plastic bags and other types of plastic film can be recycled at participating grocery stores. To find a location near you, go to [plasticfilmrecycling.org](http://plasticfilmrecycling.org).

## Online Bill Payment Notice

There has been an increase in companies posing as [bendgarbage.com](http://bendgarbage.com) and processing payments online. Websites such as "doxo" allows people to pay bills via their site but charges a service fee, and there is no guarantee when the payment will be made.

To be safe, make sure you go always to the [bendgarbage.com](http://bendgarbage.com) website and click on the online payment button. You should not pay any service fees when you pay your bill online through [bendgarbage.com](http://bendgarbage.com).



## CAN Cancer & Deschutes County Rodeo

Please join us at the Deschutes County Rodeo on Friday, August 2 and help raise money for CAN Cancer. Volunteers will be passing around cans asking rodeo fans to donate for CAN Cancer.

Over the past several years, Deschutes County rodeo fans have donated over \$6,500 to help families right here in Central Oregon manage day-to-day living expenses, while receiving cancer treatment.

To learn more about CAN Cancer or to make a donation online, visit [cancancer.org](http://cancancer.org).

## Document Destruction

Information-based fraud and identity theft are serious problems. Confidential information in your trash is a risk. Let SecureShred shred your old documents and paperwork safely!

Our on-site shredding truck will provide the security of knowing your information is completely destroyed at your home or business. We provide one time, occasional, or regular shredding, whatever best fits your needs. We also offer drop off service at our Bend Garbage & Recycling office located at 20835 NE Montana in Bend.

Our drivers are HIPAA trained and our practices HIPAA compliant. Call today to schedule a service at 541-382-2263.



# Recycling Preparation Guide

### 95-Gallon Commingled Roll Cart

- **Newspaper** - Anything that comes in the newspaper can be recycled with the newspaper.
- **Magazines, Catalogs, Phonebooks**
- **Plastics** - Rinse clean. No need to flatten.

**Acceptable Plastics:** Plastic bottles and tubs 6 ounces or larger (except those containing hazardous products or motor oil). Rigid plastic plant pots 4 inches or larger. Plastic buckets of 5 gallons or less, milk jugs.

**Non-Acceptable Plastics:** Bottle & tub lids, trays, bags and film, large items (i.e. toys), foam/expanded plastics, clamshells and bakery containers, food-contaminated items, "Biodegradable" plastics, cups, plates, silverware, blister packaging, any plastic containers smaller than 6 ounces.

- **Tin/Aluminum** - Cans, jar lids, foil, TV dinner trays, beverage cans. Rinse clean. No need to flatten.
- **Paper bags**
- **Corrugated Cardboard** - Flatten. No waxed or slick coated cardboard.
- **Mixed Paper, Junk Mail & Paper** - Paper, envelopes, white & colored paper, computer paper, tin can labels, wrapping paper (no foil or ribbon), shredded paper (strips only, no confetti). No paper ream wrappers, tissue paper, waxed paper, candy wrappers, snack food bags.

- **Paperboard** - Cereal/cracker/shoe boxes (discard liners), soda and beer cartons, paper egg cartons, paper towel tubes. *No frozen food boxes, paper cups/plates/towels/napkins, pet food bags.*

### City Recycling Only

- **Glass (Red & Blue Bins)** - Clear and colored glass bottles and jars. Rinse clean. Labels are okay. No need to separate by color. No dishes, glasses, ceramics or window glass.
- **Motor Oil (Residential only)** - Pour into an unbreakable, leak-proof container (one gallon maximum) with a tight fitting lid. Clearly label container "motor oil" and place next to your recyclables.

### Recycling Tips

- Remember glass is collected in both the red & blue bins - **every other week (same day as your commingled recycling).**
- Plastic grocery bags are not recyclable at the curb. Please recycle at participating grocery stores.
- Styrofoam peanuts and rigid packing pieces are not recyclable. Please bag Styrofoam peanuts before putting them in garbage roll cart.
- \* Most mailing services will accept bagged Styrofoam peanuts for reuse.

### Recycle Depot Locations

- Deschutes Recycling, located at Knott Landfill, accepts all items listed above.
- City of Sisters and Deschutes County Transfer Stations accept all items listed above.

## Numbers & Web Sites

**Bend Garbage & Recycling**  
bendgarbage.com..... 541-382-2263

**High Country Disposal**  
highcountrydisposal.com.. 541-548-4984

**Deschutes Recycling**  
deschutesrecycling.com ... 541-388-1910

**Knott Landfill Information Line**  
..... 541-388-6599

**Department of Environmental Quality**  
deq.state.or.us ..... 541-388-6146

**The Environmental Center**  
envirocenter.org ..... 541-385-6908

**Deschutes County Solid Waste Dept.**  
deschutes.org/solidwaste 541-317-3163

**Bend ReStore**  
bendhabitat.org..... 541-312-6709

**Redmond ReStore**  
redmondhfh.org..... 541-548-1406

**Sisters ReStore**  
sistershabitat.org ..... 541-549-1621



Providing the finest waste disposal and recycling services